Important!!

Next Wednesday, February 21st, we will have a special time of Eucharistic Adoration beginning at 6:15 pm. Everyone is welcome and encouraged to attend. Please tell any grandparents or family and friends that are not involved in CCD that may enjoy this special treat. Since we are starting at 6:15 in the church, please make sure your children arrive early next week and even better, come in and stay with them, even if it is just a few minutes or the entire hour. You and your children are welcome to go directly into the church and prepare for the Eucharistic Adoration to start at 6:15.

Below are a few guidelines for Eucharistic Adoration:

The Blessed Sacrament must never be left alone.

When the Eucharist is exposed in the Monstrance, it is tradition to genuflect on both knees (preferred) or one knee, if physically able, or make some other sign of reverence such as a profound bow upon entering the real presence of the Lord and before entering your pew. You are standing on Holy Ground so please set a great example for others. Repeat when leaving your pew and the room. Genuflection is a gesture ultimately directed towards God, truly present in the Holy Eucharist. We don't genuflect to people (as some cultures did in the past) or material things, but to God alone. To genuflect in the Roman Rite is to recognize God's presence and to offer him a dart of love.

Above all, our gesture should not be done mechanically, but out of our love for God. Whenever you encounter Jesus exposed for public adoration in the Eucharist, perform your gesture with that love in mind.

Here's a list of ideas to do in adoration:

1. Bring Scripture

Reading scripture is always a good thing, and is especially helpful and meditative during adoration. There are many prayer books and apps that contain daily scripture readings. Check out the table in the foyer for some great Lenten material.

2. Pray the Rosary

The rosary is a beautiful prayer, one that many saints have prayed. St. Louis de Montfort said "When the Holy Rosary is said well, it gives Jesus and Mary more glory and is more meritorious than any other prayer." What better way to give Jesus and Mary glory than to pray the rosary in front of the Blessed Sacrament? There are many guides and apps you can print/download to help guide you through this form of prayer.

3. Be Okay with Silence

It's so easy to go a whole day without silence. We get in the car and turn on the radio, we have our phones, with days worth of music, in our pockets, and at the end of the day there's Netflix. Even if we are in a quiet environment, we are usually accustomed to checking our phones—for a text, the latest Facebook drama, the trending hashtag on Twitter, the newest picture on Instagram, the list goes on.

Allow yourself to sit in silence and to just be with Jesus.

In an apparition to St. Margaret Mary Alacoque, Jesus spoke these beautiful words: "I have a burning thirst to be honored by men in the Blessed Sacrament." Go to adoration, even if it's just for 5 minutes. Jesus desires to be with you, to have you gaze upon Him, as He so lovingly gazes upon you.

Each class will have an opportunity to stay with Jesus and at 7:20 we will all gather back in the church for Benediction and reposition of the Blessed Sacrament. Again, everyone is welcome to join and/or stay for this special prayer.

Mary Uttecht

715-573-0430 (cell), Facebook (messenger) or email me at stjoseph4faith@gmail.com

February 17 – PCCW Soup and Dessert Cookoff, 4:30-6 pm

Sun, May 12 - May Crowning Mass 8:30 am

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February 21 Class – Eucharistic Adoration at 6:15 pm
February 26-27, 2 Parishes/2 days Renewal/Mission at St. Ladislaus, Bevent
February
               28
                       Class - Confession for CCD students
                       Class - Stations of the Cross at 7:10 pm
March
               6
March
               13
                       Class
Tues, Mar 19 – St. Joseph Feast Day – 5 pm Mass with fellowship to follow
                       Class - Stations of the Cross at 7:10 pm
March
               20
March 27 NO CLASS, Holy Week - CCD Student Confessions 8:30-9:30 am
March 28 – Holy Thursday Mass of the Lord's Supper, 5 pm (Adoration 6-8:30pm)
March 29 – Good Friday Services 2 pm, March 31 – Easter Sunday Mass 8:30 am
                       Class – Divine Mercy Chaplet at 7:20 pm – 10<sup>th</sup> Grade Leads
April
               3
April
               10
                       Class
                       Class – Divine Mercy Chaplet at 7:20 pm – 9<sup>th</sup> Grade Leads
               17
April
April
               24
                       Class
Wed, May 1 - First Communion Rehearsal 6:00 pm
Sun, May 5 – First Communion Mass 8:30 am
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